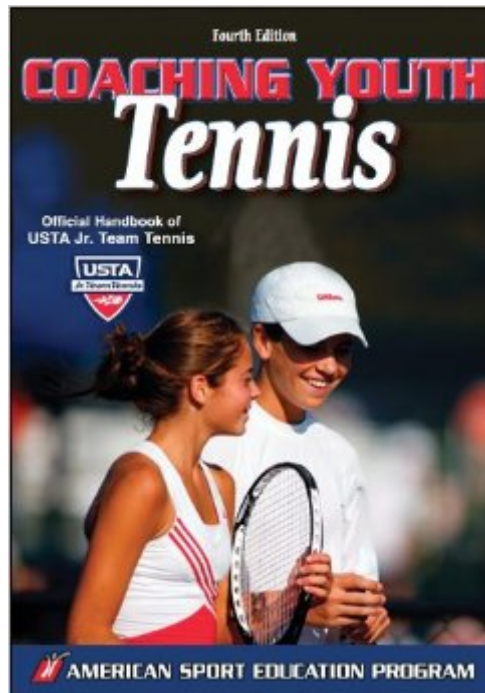


The book was found

# Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series)



## Synopsis

Written by the American Sport Education Program (ASEP) in conjunction with Kirk Anderson, director of recreational coaches and programs at the United States Tennis Association (USTA), this fourth edition of Coaching Youth Tennis offers you baseline information every coach needs on coaching philosophy, communication, and safety. It also provides you with step-by-step instructions for executing and teaching the basic technical skills and the tactical aspects of singles and doubles tennis. The book begins with a baseline introduction to coaching philosophy, communication, and safety. It then turns to sport-specific skills, such as racket and ball-handling skills and stroke skills based on the area of the court each is played. Information on coaching matches and developing season and practice plans for tennis players is provided, as well as an activity finder that brings over 30 activities contained in the book into one section with page numbers for easy reference. Also included are 30 coaching tips, as well as an expanded chapter on rules and equipment presents new youth modifications adopted by the USTA in September 2007. The official handbook of USTA Jr. Team Tennis, Coaching Youth Tennis serves up coaching know-how that's sure to be a winner with you and your players. The book is an ideal resource for new and inexperienced coaches as well as for parents of youth tennis players. In addition, sport administrators and staff at park districts and other youth tennis organizations and facilities will find it a valuable resource to use and share with their youth coaches.

## Book Information

Series: Coaching Youth Sports Series

Paperback: 192 pages

Publisher: Human Kinetics; 4 edition (May 21, 2008)

Language: English

ISBN-10: 0736064192

ISBN-13: 978-0736064194

Product Dimensions: 7.1 x 0.5 x 9.9 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #1,340,250 in Books (See Top 100 in Books) #79 in [Books > Sports & Outdoors > Coaching > Tennis](#) #116 in [Books > Sports & Outdoors > Coaching > Children's Sports](#) #423 in [Books > Sports & Outdoors > Individual Sports > Tennis](#)

## Customer Reviews

This book was adequate for explaining the rules of the game and providing a structure to frame a new league tennis coach's plan for the season, but contained very limited information on "how to teach tennis to kids." I am a father teaching tennis to my three children (ages 10, 8 and 6). I was looking for a resource to provide me ideas, games and concepts to teach the game correctly to my kids in fun environment. This book didn't give me anything I can use.

This book is a good start for beginner coaches getting into the industry. Pros interested in rearing more competitive youngsters need to consider more that are not in this book. If you are starting to coach, this is a good book to start with. If you have some experience already with coaching children and adolescents, this book may be a little elementary with mostly review pointers.

I coach a high school tennis team, and this has some good tips.

[Download to continue reading...](#)

Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Tennis: Tennis Strategies: The Top 100 Best Things That You Can Do To Greatly Improve Your Tennis Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Tennis) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Tennis: Top 5 Strategies How to win more matches, How to Play Tennis, Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) Coaching Youth Tennis - 3rd Edition (Coaching Youth Series) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Coaching Youth Football-3rd Edition (Coaching Youth Sports) Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) Coaching Youth Cricket (Coaching Youth Sports) Coaching Youth Gymnastics (Coaching Youth Sports) Tennis: The Ultimate Guide To Tennis - Master The Fundamentals Of Tennis And Level Up Your Game In 7 Days Conditioning For Racquet Sports: Tennis, Racquetball, Handball, Squash, Platform Tennis, Jai Alai (Dr. Fred Hatfield's Sport Specific Conditioning Series) Coaching Tennis Successfully - 2nd Edition (Coaching Successfully Series) Coaching Climbing: A Complete Program for Coaching Youth Climbing for High Performance and Safety (How To Climb Series) Survival Guide for Coaching Youth Basketball: Only the Essential Drills, Practice Plans, Plays, and Coaching Tips! Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Coaching: Learn How to Use NLP in Your Coaching and Become a Great Leader (nlp coaching, nlp books, nlp techniques)

Positive Coaching: Building Character and Self-Esteem Through Youth Sports International Book of  
Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide

[Dmca](#)